



About Alessandra

Becoming a therapist and promoting holistic health and spirituality was for me, an alignment with my life's purpose. I have been working in holistic health for over 15 years specializing in a wide range of complementary techniques.

“Clear Intentions Inc. was established on the basis of this one notion: deep healing and true alignment in life comes when one is clear and ready to reconnect.”

**Call for more details and
session rates
416-488-3714**

Hours of operations:

Wed - Fri:

11:00 am - 7:00 pm

Sat:

11:00 am - 3:00 pm



Yonge & York Mills

Free parking

Course locations vary

416-488-3714

www.clear-intentions.ca

**Are you
ready
for a
new
normal?**



SERVICES

Whether you are suffering from a physical condition, managing a stressful life situation or searching for something greater, Clear Intentions can help you reconnect with your mind and body.

Classical Homeopathy

Lymph Drainage Therapy

**Integrated Energy Healing
using "Selfica"**

**Pulsating Electromagnetic
Field Therapy (PEMF)**

Skin Deep Titanium

Metabolic Balance

**EXCLUSIVE ONTARIO
DISTRIBUTOR OF:**



“Music of the plants” touches people in profound way’s that cannot be conveyed in words.

Bridging our human world with plants and nature spirits.

416-488-3714

HOST OF



Damanhur is a spiritual community nestled in the alpine foothills of northern Italy. Recognized by the United Nation's Global Forum on Human Settlements as a model for a sustainable society.

OFFERING COURSES IN; CREATING A CONSCIOUS COMMUNITY

Learn what it takes for a group to be able to create a successful community, the necessary ingredients and the pitfalls a group may encounter.

MYSTERY SCHOOL COURSES

Spiritual Physics
Inner Harmonization
Ancient Civolution Of Humankind
Astral Travel
Past Lives

AVAILABLE ALSO
EXCLUSIVE DAMANHUR TRIPS
A solstice experience at Damanhur

SIGN UP

To be kept in informed on
Damanhur courses and more.

www.CLEAR-INTENTIONS.CA

HOMEOPATHY

World Health Organization recognizes Homeopathy as the second most practiced alternative form of medicine worldwide!

Homeopathy encompasses the whole person, mental, emotional & physical symptoms are considered.

We explore the unique pattern of imbalance and match with it a specific remedy.

Remedies are of natural substances derived from plant, mineral or animal material.

**Conditions that can be helped
with homeopathy;**

ACUTE ILLNESSES

Colds, flu, coughs, urinary infections, digestive problems

EMOTIONAL & MENTAL

Anxiety, phobias, depression, grief excessive nervousness, exhaustion

INJURIES & TRAUMA

Bruises, sprains, burns, stings, bites, warts, acne

CHRONIC DISEASES

Arthritis, fatigue, bowel problems, headaches, migraines, sinusitis and more.